

PE.

We would really like you to do some PE each week and it would be great if you could change into your PE kit to do this. That way you can practise getting dressed and undressed for PE and become really fast at it!

You can do PE with Joe Wicks

here https://www.youtube.com/results?search_query=joe+wicks+kids+pe

You can also do a PE lesson with Mrs Rouke's son

here https://www.youtube.com/watch?v=ZQhY_r7LnAU

We have popped some links to some of our favourite class songs below for you, so you can have fun teaching the songs and actions to your grown ups.

Go Noodle

Milkshake <https://www.youtube.com/watch?v=dNL6RwymoNg&t=3s>

Banana Banana Meatballs -

Patterns <https://www.youtube.com/watch?v=BQ9q4U2P3ig>

Portside

Pirates https://www.youtube.com/watch?v=_qAngsMJD3I