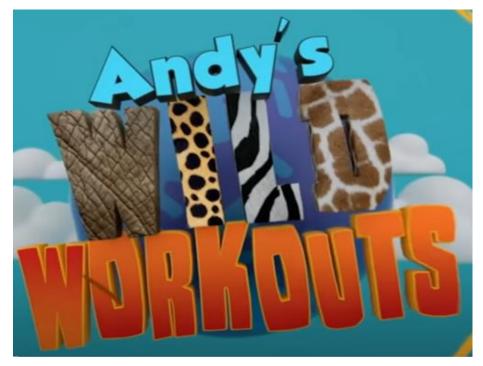
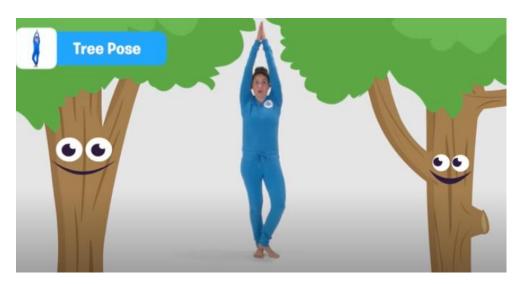
Let's join Andy as he goes on his wild workout adventures.



https://www.youtube.com/watch?v=7Mc-OsbRSCE Creepy Crawly workout.

Join Jamie for a trip into the woods and enjoy some yoga and relaxation.



https://www.youtube.com/watch?v=L8eMSTZ1LbI