# Where does our food come from?











## Where does food come from?

## All food comes from plants and / or animals.



#### Food has to be caught, farmed or grown at home.



# How is food changed?

Some foods are not changed much at all from when

they are caught or farmed to when we eat them.

#### Can you think of some foods like this?









## How is food changed?

Some foods are changed a lot from when they are

caught or farmed to when we eat them.

#### Can you think of some foods like this?









# Growing your own food

## Can you think of some places that people grow

#### their own food?



Gardens







Window boxes

## Storing food

#### If food is left out in the open, it goes rotten.



Can you think of some ways that we store food to stop it going off?