




SCIENCE

Food and Nutrition
PowerPoint 2





Think back to the activities you did in the last session about food groups and what we as a human need to stay healthy.

If we think of animals, our pets for example, do they eat and need the same foods as we do? If you haven't got a pet, think of my fish, Swimmy 😊 I know how important it is for me to eat fruit and vegetables. Would I give Swimmy an apple or some broccoli? Note down your thoughts.



Animals needs are different to humans needs but they still need to find and eat food as unlike plants, animals and humans can't make our own food.



Watch the video clip on the next page that explains what different animals need.

ACTIVITY 1 – Draw a picture of your favourite animal or pet and label it it is and omnivore, herbivore or a carnivore. Can you find out some of the foods that your animal eats.

<https://www.bbc.co.uk/bitesize/topics/z6882hv/articles/z96vb9q>

Extra challenge: - Complete the 4 question quiz on this page, you will need to scroll down past the video and click on quiz.

ACTIVITY 2

Design a healthy, balanced meal using the plate diagram and what we have learnt over the last 2 science sessions to help you.

