WEEK 2	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Homemade lasagne with herb dough balls	Roast pork with creamy mash potato & gravy	Traditional chicken pie with creamy mash potato	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Sweet potato & vegetable casserole	Vegetable stir fry with chicken style pieces and 50/50 rice	Quorn™ & tomato bake with mash potatoes	Tomato & basil pasta	Vegan sausage & chunky chips
ACCOMPANIMENTS 5 A DAY	Seasonal vegetables	Seasonal vegetables	Broccoli & cauliflower Salad bar	Seasonal vegetables	Peas & baked beans Salad bar
DESSERTS	Fruit flapjack	Chocolate sponge and mint custard	Zesty lemon muffin	Jam & coconut sponge	Fresh fruit 8 whip
FRESH FRUIT OR YOGHURT	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Cheese panini	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Fish finger bap



Try something NEW today... Variety is key to a healthy diet.















KEY 5 - 10F YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE PB - PLANT-BASED (VEGAN)