

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|--|--|--|--|---|--|
| Year 1 | Friendships; Safe Relationships - consent, boundaries and trust | Respecting Self and Others | Mental Health and Wellbeing; Families | Keeping Healthy & Well; Physical Activity & Nutrition | Economic Wellbeing; Drug Education | Personal safety and first aid; Changing and growing up |
| Year 2 | Respecting Self and Others; Friendships | Mental Health and Wellbeing | Personal safety and first aid; Changing and growing up | Safe Relationships - consent, boundaries and trust | Keeping Healthy & Well; Physical Activity & Nutrition; Drug Education | Families; Economic Wellbeing; Careers Education |
| Year 3 | Friendships; Respecting Self and Others | Mental Health and Wellbeing | Families; Safe Relationships - consent, boundaries and trust | Keeping Healthy & Well; Online Life and Safety; Economic Wellbeing; Careers Education | Online Life and Safety | Personal Safety and first aid; Drug Education; Changing and growing up |
| Year 4 | Friendships; Respecting Self and Others | Families; Economic Wellbeing; Careers Education | Safe Relationships - consent, boundaries and trust Online Life and Safety | Personal safety and first aid; Drug Education | Mental Health and Wellbeing; Keeping Healthy & Well | Physical Activity and Nutrition; Changing and growing up |
| Year 5 | Friendships; Respecting Self and Others | Changing & growing up; Safe Relationships - consent, boundaries and trust | Families; Online Life and Safety | Mental Health and Wellbeing; Keeping Healthy & Well; Physical Activity & Nutrition | Personal safety and first aid; Drug Education | Economic Wellbeing; Careers Education |
| Year 6 | Friendships; Respecting Self and Others | Changing & growing up; Safe Relationships - consent, boundaries and trust | Families; Online Life and Safety | Mental Health and Wellbeing; Keeping Healthy & Well; Physical Activity & Nutrition | Personal safety and first aid; Drug Education | Economic Wellbeing; Careers Education |

Online Life and Safety objectives run through all topics, in addition to the stand-alone units shown in specific year groups above.

